

Scout Name: _____ Parent Name if attending: _____

TROOP 19 SCOUT PERMISSION SLIP (Due 5/14 @7pm)

Activity: Hiking

Date: Sunday, May 19, 2019

Select Preference: (Mt. Chocorua hike will only happen if there is enough interest and leaders)

___ Mt. Major: 3 mile loop with departure at 8am and return at 4:30pm

___ Mt. Chocorua: 8.5 mile hike with departure at 6:30am and return at 5:30pm

PARENT EMAIL _____ (final details will be sent by Friday)

Activity Coordinator: Jane Richardson **cell:** 603 320-5565

Cost: Bring money for ice cream on way home

Parent/Guardian: I would like to attend ___No ___Yes (Med Form Part A&B required)

Name: _____ Cellphone # _____

I will drive ___No ___Yes I can transport ___ seat-belted passengers

Vehicle Plate Number/State: _____ Driver's license # _____

Scout's Name: _____ has my permission to attend and to receive any emergency medical treatment and/or anesthesia that may be required. I will verify that my son's medical form is current. Scout Leaders will have a copy of my son's current medical form which contains medication taken, allergies, insurance, and emergency contact information.

Scout medication (dosage/freq): _____

Scout is allergic to the following: _____

I have read this form and the checklist. I understand what My Scout and I are responsible to make this activity a successful experience. My Scout will follow Scout Oath and Law.

Signature of Parent/Guardian

Date

Phone number(s) where you can be reached during the activity: _____

Emergency Contact (other than you): _____ **Phone** _____

Dayhike Information and Packing List

Activity: Hiking **Date:** Sunday, May 19 **Location:** Depart and Return to Pilgrim Church

___ Mt. Major: 3 mile loop with departure at 8am and return at 4:30pm

___ Mt. Chocorua: 8.5 mile hike with departure at 6:30am and return at 5:30pm

Activity Coordinator: Jane Richardson

Cell: 603 320-5565

Cost: Money for ice cream **Emergency Numbers:** NH State Police: (800) 852-3411

CLOTHING & EQUIPMENT LIST

Wear Shorts, wicking shirt, hiking boots, non-cotton socks

___ Daypack (line with plastic bag)

___ **TWO LITERS OF WATER**

___ Bag lunch and snacks

___ Raingear

___ Upper and Lower Body warm layer (hooded sweatshirt is good against black flies)

___ Small Personal First Aid Kit

___ Compass

___ Whistle

___ Headlamp

___ Warm knit hat and light-weight gloves

___ **Bug spray** and sunscreen (small containers; in zip lock)

___ Pocketknife

___ Watch

___ Small personal hand sanitizer

___ Toilet paper

___ Money for ice cream

___ Map provided by leader

___ Optional: Set of dry shorts, t-shirt, sneakers to leave in car for ride home

Additional Notes: Cell service is very spotty or non-existent. Daytime still air temperatures can range from 45 to 80 degrees, not factoring in wind-chill. Dress in layers to manage body heat and moisture (no cotton shirts or jeans for hiking). Add layers to warm-up, remove layers to cool down. Proper, broken-in footwear is required for hiking (no sneakers) Remember to drink water during activity!