

# BSA Troop 19 - Activity Consent Form and Approval by Parents or Legal Guardian

First name of participant, middle initial and last name \_\_\_\_\_

Birth date (month/day/year) \_\_\_\_/\_\_\_\_/\_\_\_\_ Age during activity \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Has approval to participate in Waterville Valley Campout (including hike and Whale's Tales Waterpark\*) \*separate release may be required for scouts attending without parent

Date: Friday, August 18 – Monday August 21

Without restrictions

Special considerations or restrictions:

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Health & Safety Forms Required for **all** attending (*must be updated annually*):

<http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx>

Forms A, B, C\* (*requires physician's signature*)

\*adults see activity coordinators if we do not have your med form on file

\*\*Discuss any food, insect or other allergies (or suspected allergies) with trip leaders. If scout has an epi-pen, he must know how to use it and carry in his backpack. A second epi-pen, benedryl, etc. must be provided to leaders.

He requires the following medication (dosage/freq):

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Who will carry medication? (Circle one) (Adult Leader) (Parent/Guardian)

He is allergic to the following:

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My son will attend the full activity. He will leave and return to church with troop  Yes  No  
If no, special arrival/departure notes:

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**Parent/Guardian:** I would like to attend  No  Yes Name(s): \_\_\_\_\_

I will drive  both ways  one way, deliver only  pickup only

All will wear seat belts. I can transport \_\_\_\_ seat-belted passengers.

Vehicle type, year, Model \_\_\_\_\_

Vehicle Plate Number: \_\_\_\_\_ State: \_\_\_\_\_

Owner name: (if different) \_\_\_\_\_

Driver's license # \_\_\_\_\_ State Issued: \_\_\_\_\_

All vehicles must be covered by automobile liability insurance with limits that meet or exceed requirements of the state in which the vehicle is licensed. It is recommended that coverage limits are at least \$50,000/\$100,000/\$50,000.

Liability Insurance: person \_\_\_\_\_ accident \_\_\_\_\_ property damage \_\_\_\_\_

I will contact Activity Coordinator regarding directions.

\_\_\_\_\_ I am able to tow Troop 19 trailer. Please indicate one or both ways: \_\_\_\_\_

### **Hold Harmless Agreement**

I understand that participation in Scouting activities involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I have carefully considered the risk involved and have given consent for myself or my child to participate in this activity. I also understand that participation in this activity is entirely voluntary and requires participants to abide by applicable rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child. Medical providers are authorized to disclose to the adult in charge examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/guardian printed name \_\_\_\_\_

Parent/guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Phone number(s) where you can be reached during the activity:

\_\_\_\_\_  
Emergency Contact (other than you): \_\_\_\_\_ Phone \_\_\_\_\_

Contact the adult leaders with any questions:

Name: Greg Anthony Email: greg.anthony@outlook.com

Name: Jane Richardson Email: janenh4k@comcast.net

# Trip Planning Information

## (Keep this sheet)

Activity: *Camping, Hiking, Waterpark, Swimming*

*(REQUIRED PRE-TRIP MEETING TUES. 8/15 @7PM)*

Location: Waterville Valley WMNF Osceola Vista Campsite (hiking locations TBD; Whale's Tales Waterpark; attend pre-trip meeting for more planning)

Activity Coordinators: Mr. Anthony, Mrs. Richardson, Senior Patrol Leader (Todd)

Day/Date: Friday, August 18 – Monday August 21

Total Cost: \$60 (\$20 deposit made in June; balance due 8/15, CASH)

Leave From: Pilgrim Church, 4 Watson St., Nashua NH, Friday NOON

Return To: Pilgrim Church, 4 Watson St., Nashua NH, Monday 2 pm

Emergency Numbers: New Hampshire State Police (603) 271-1162

## Personal Equipment List

- Headlamp / Flashlight
- Bag lunch for Friday (or eat before arrival)
- Shorts, t-shirts (wicking if possible for hike)
- Swim suit (watershirt optional)
- Towel
- Sun screen
- Scout Hat
- Hiking Boots (required for hiking and inclement weather)
- Campsite footwear; optional: flip flops, etc. for waterpark
- Liner Socks and Wool Socks \*Blisters can be prevented by 2 pairs of non-cotton socks
- 2 Warm Upper-Body Layers** (ex. fleece, non-cotton sweatshirt)
- One pair of light-weight long pants (non-cotton gym pants work well)
- Extra underwear, socks
- Belt if needed
- Water proof jacket and pants (rain gear)**
- Knit Hat (yes, even in summer); gloves if planning to do big hike
- Eye glasses as needed; sunglasses
- Watch
- Personal First Aid Kit (for cuts, blisters, etc.)
- Insect Repellant (non-aerosol)

- Compass with a base-plate
- Pocket knife
- Whistle
- 2 Water Bottles (1 quart each)**
- Day Pack** (line with plastic bag)
- Toilet Paper in zip lock bag; small handsanitizer
- Mess Kit (Eating Utensil, Bowl and Cup)
- Toiletry Kit (toothbrush, etc)
- Backpack or duffle (line it with a plastic trash bag first, to keep contents dry.)
- Sleeping Bag (line stuff sack with plastic bags before inserting sleeping bag)
- Sleeping Pad; small ground tarp for inside tent
- Plastic bags to keep clothing dry inside pack
- Zip-lock bags to organize small items
- Scout Handbook (will have scheduled time for advancement)
- Spending Money (for ice cream, etc.)
- Deck of cards, hacky-sack or other lightweight item for fun (not electronic)\*\*
- Full Uniform is not required; may wear/bring class B shirt

\*\* Cell service is almost non-existent in the backcountry. Scouts are discouraged from bringing any electronics and the Troop is not responsible for any lost or damaged devices. Scouts may use adult phone to call home once within a half-hour of Nashua (scouts should know parents phone number).

#### Notes:

One way to regulate body temperature is to wear the right clothing and layer your clothing properly. Clothing items should be kept versatile enough to meet various seasonal and weather conditions you may encounter. Since each person's body is different, experiment to determine your individual requirements.

Minimize your use of cotton clothing. Avoid cotton clothing such like jeans and sweat shirts. Synthetics will keep you warmer and drier than cotton once it gets wet. Wicking shirts and the BSA pants are ideal for camping.

An insulated jacket should keep out wind, rain, and snow and is a very important layer of clothing. If this layer fails, it doesn't matter how good your other garments are, because wet clothing exposed to the wind will chill you quickly no matter from what material it is made.

A good quality rain suit (top and bottom) is important and can make the difference in comfort and safety.