

**Troop 19 Campout**  
**BSA Troop 19 - Activity Consent Form and Approval by**  
**Parents or Legal Guardian**

First name of participant, middle initial and last name \_\_\_\_\_

Birth date (month/day/year) \_\_\_\_/\_\_\_\_/\_\_\_\_ Age during activity \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Has approval to participate in: Troop 19 Snowshoe Hike – AMC Zealand Falls Hut

Date: March 10 – 11, 2018

Without restrictions (Subject to approval of adult leader; must have hiking experience)

Special considerations or restrictions:

Health & Safety Forms Required for all attending (*must be updated annually*):

<http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx>

✓  **Forms A, B**    Forms A, B, C (*requires physician's signature*)

He requires the following medication (dosage/freq):

\_\_\_\_\_

Who will carry medication? (Circle one) (Scout) (Adult Leader) (Parent/Guardian)

He is allergic to the following:

\_\_\_\_\_

My son will attend the full activity. He will leave and return to church with troop    Yes    No

If no, special arrival/departure notes:

\_\_\_\_\_

**Parent/Guardian:** I would like to attend  No    Yes

I will drive    both ways    one way, deliver only    pickup only

All will wear seat belts. I can transport \_\_\_\_\_ seat-belted passengers.

Vehicle type, year, Model \_\_\_\_\_

Vehicle Plate Number: \_\_\_\_\_ State: \_\_\_\_\_

Owner name: (if different) \_\_\_\_\_

Driver's license # \_\_\_\_\_ State Issued: \_\_\_\_\_

All vehicles must be covered by automobile liability insurance with limits that meet or exceed requirements of the state in which the vehicle is licensed. It is recommended that coverage limits are at least \$50,000/\$100,000/\$50,000.

Liability Insurance: person \_\_\_\_\_ accident \_\_\_\_\_ property damage \_\_\_\_\_

I will contact Activity Coordinator regarding directions.

**Hold Harmless Agreement**

I understand that participation in Scouting activities involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I have carefully considered the risk involved and have given consent for myself or my child to participate in this activity. I also understand that participation in this activity is entirely voluntary and requires participants to abide by applicable rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child. Medical providers are authorized to disclose to the adult in charge examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/guardian printed name \_\_\_\_\_

Parent/guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Phone number(s) where you can be reached during the activity:

\_\_\_\_\_

Emergency Contact (other than you): \_\_\_\_\_ Phone \_\_\_\_\_

Contact the adult tour leader with any questions:

# Trip Planning Information

## (Keep this sheet)

Activity: *Troop 19 Snowshoe Overnight to Zealand Falls Hut*

Location: White Mountains    Activity Coordinator: Jane Richardson

Day/Date: Sat. & Sun. Mar. 10-11    Scout Coordinator: SPL

Cost: \$35 per person due 12/19    \*Non-refundable after 2/1/18 - attempt will be made to find replacement; full cost is \$46.00 if replacement is not found

Meals: Each participant to contribute to dinner & breakfast; bring bag lunch, snacks, \$ for late lunch on Sunday

Leave From: Pilgrim Church    Saturday 3/10 @ 7am

Return To: Pilgrim Church    Sunday 3/11 @ 4 pm

Emergency Numbers: NH State Police: (800) 852 3411    AMC: 603-466-2721

## Equipment List Guidelines

*Hut is unheated with the exception of a few hours in the evening. Plan for winter sleeping conditions.*

- Headlamp / Flashlight
- 2 lunches/snacks; contribution to breakfast and/or dinner (see Mrs. R.)
- Snowshoes (reserve from EMS as soon as possible)**
- Poles (optional, but helpful)
- Hiking or Snow Boots (required for winter hiking - adjust snowshoes to fit before trip)
- Gaiters (to keep snow out of boots)
- Additional footwear as needed for hut
- Liner Socks (2 pair)
- Wool Socks (3 pair)
- Upper-Body Layers (**prepare for winter conditions – no cotton!**)
- Lower- Body Layers
- Sleeping clothes
- Belt
- Bandana or Handkerchief
- Water proof jacket
- Rain Gear
- 2 Hats (knit that covers ears)
- Face mask/goggles

- 2 or 3 pairs Gloves/Mittens (at least 1 should be waterproof)
- Sunglasses
- Watch
- First Aid Kit
- Sun Screen
- Lip Balm
- Compass with a base-plate
- Pocket knife
- Matches
- 1/4"Nylon Rope (25')
- Whistle
- Pad & Pencil
- 2 Water Bottles (1 quart each – wide mouth) - camel backs may freeze
- Toilet Paper
- Toiletry Kit (toothpaste, brush, soap, fast drying camp towel, hand sanitizer and toilet paper)
- Backpack (line it with a plastic trash bag first, to keep contents dry.)
- Sleeping Bag with stuff sack (lined with plastic bag) secured to pack
- Plastic bags to keep clothing dry inside pack
- Hand/toe warmers
- Zip-lock bags to organize small items
- Spending Money (for lunch on way home)
  
- Troop 19 Full Uniform required? No

Notes:

One way to regulate body temperature is to wear the right clothing and layer your clothing properly. Clothing items should be kept versatile enough to meet various seasonal and weather conditions you may encounter. Since each person's body is different, experiment to determine your individual requirements.

Minimize your use of cotton clothing. Avoid cotton clothing such like jeans and sweat shirts. Synthetics will keep you warmer and drier than cotton once it gets wet. Wicking shirts and the BSA pants are ideal for camping.

An insulated jacket should keep out wind, rain, and snow and is a very important layer of clothing. If this layer fails, it doesn't matter how good your other garments are, because wet clothing exposed to the wind will chill you quickly no matter form what material it is made.

A good quality rain suit (top and bottom) is important and can make the difference in comfort and safety.